

**Summer WEEK ONE**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Morning Snack</b>	Cereals	Toast	Rice cakes and spread	Porridge	Fruit
<b>Lunch</b>	Macaroni Cheese	Roast chicken dinner	Spaghetti Bolognaise	Fish with a side of parsley sauce	Claire's sausage pasta
<b>Vegetable</b>	Selection of vegetables French bread	Mixed veg and potatoes	Tomato, carrots and garlic bread	Mixed Vegetables and potatoes	Variety of vegetables
<b>Pudding</b>	Ice cream	Carrot cake	Summer Crumble and custard	Jelly	Angel delight
<b>Afternoon Snack</b>	Cucumber, and carrots Bread sticks	Fresh Mixed fruits	Bread sticks and dips	Fruit	Sausage Rolls
<b>Kids Club Snack</b>	Cereals	Toast	Rice cakes with cheese spread/marmite	Sandwiches	Sausage rolls
<b>Tea</b>	Wraps	Spaghetti on toast	Pizza with salad	Sandwiches	Jackets, cheese and ham salad
<b>Pudding</b>	Fruit and yogurt	Flan	Jam tarts	Ice cream	Blancmange
<b>Number of '5 a day'</b>	5	4	4	4	4