

WEEK FIVE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Toast	Crumpets	Cereal	Fruit	Porridge
Lunch	Yorkshire puddings & sausages	Homemade pizza with wedges	Veg curry and rice	Veg pasta bake	Chicken Casserole with jacket potatoes
Vegetable	New potatoes Cauliflower & broccoli	Carrot & Leafy Salad	Tomatoes, Carrots,	Selection of vegetables	Selection of vegetables
Pudding	Cornflake tart & custard	Angel delight	Crumble and ice cream	Swiss roll & custard	Fruit Puff
Afternoon Snack	Rice cakes & fruit	Cucumber carrot/bread sticks & dips	Fruit	Crackers	Pancakes & Fruit
Kids Club Snack	Rice Cakes & Fruit	Cucumber carrots/bread sticks & dips	Fruit	Crackers	Pancakes & Fruit
Tea	Sandwiches	Pasta salad and garlic bread	Sandwiches	Cheese on toast	Fish fingers with bread & butter
Pudding	Ice cream	Homemade Biscuits	Jam tarts	Yogurt & Fruit	Chocolate crispy cakes
Number of '5 a day'	4	5	5	4	4